Intake Information: Adult		To	day's date:	
Name	DOB	Gender	r Age	Race/Ethnicity
Address		City		_StateZip
Telephone home	work		cell	
May I leave a message for you at home	e? Yes No at work?	☐Yes ☐No	on cell?	Yes No
Emergency Contact	Relat	tionship		Phone
May I email you? If so, email:		How did you	hear about me?_	
Marital Status single marrie	d partnered divorced	separated w	vidowed ot	her:
Names of those that you live with and	their relationship to you:			
Name	5 1 1 .			
				
Name				
Name	Relationship			
Occupation	Employer			Years of Education
Sexual ID: Heterosexual Bisexual	Lesbian Gay Male	Transgendered	_Comment	
Please check all of the behaviors and	symptoms that you currently o	consider problematic:		
Distractibility	Change in appetite		Suspicion/paran	oia
Hyperactivity	Lack of motivation		Racing thoughts	
☐ Impulsivity ☐ Boredom	Withdrawal from people		Excessive energy	
Poor memory/confusion	☐Anxiety/worry ☐Panic attacks		Wide mood swir Sleep problems	igs
Seasonal mood changes	Fear away from home		Nightmares	
Sadness/depression	Social discomfort		Eating problems	
Loss of pleasure/interest	Obsessive thoughts		Gambling proble	
☐ Hopelessness ☐ Thoughts of death	☐ Compulsive behavior ☐ Problems with pornograph		Computer addict Aggression/fight	
Self-harm behaviors	Frequent arguments		Parenting proble	
Crying spells	☐ Irritability/anger		Sexual problems	
Loneliness	Thoughts of hurting others		Relationship pro	
Low self-worth	Flashbacks		Work/school pro	
Guilt/shame	Hearing voices		Alcohol/drug use Phobias	2
☐ Fatigue ☐ Anorexia	Seeing things Shortness of breath		Overspending	
Bulimia	Sweating	=	Chronic pain	
Weight changes	Heart racing		Problems focusin	ng
Other				
Are your problems affecting any of th	e following? □Self-esteem	□ Polationships	□11~:	
☐ Handling everyday tasks ☐ Work/School Housing	Legal matters	Relationships Finances	☐ Hygien ☐ Health	
Recreational activities	Sexual activity	Other		

History of past mental heal	th problems/diag	nosis? Yes No				
Diagnosis	Dates treated or	r age By whom	By whom		Comments	
Experience with a Therapist						
Experience with a PMHNP?						
Experience with a Psychiatri	ist?YesNo	Helpful?YesNo Co	omment			
Medications previously tak						
Name	Length of use	Dosage		Usefulness/Side	Effects/Concerns?	
Previous hospitalization for	r mental health pr	roblems?	Please explain circ	umstance:		
Diagramata museuma of for	mile history of mo	ntal basith mushlama.				
Please note presence of far	mily history of me	- -				
Please note presence of far	mily history of me	Relationship to you	Age of Diagnosis?		Treatment?	
		- -	Age of Diagnosis?		Treatment?	
	Depression	- -			Treatment?	
	□ Depression □ Anxiety	- -			Treatment?	
Issue	Depression Anxiety ADHD/ADD	- -			Treatment?	
Issue	Depression Anxiety ADHD/ADD anic/depressive)	- -			Treatment?	
lssue □Bipolar (ma	Depression Anxiety ADHD/ADD enic/depressive) c stress disorder	- -			Treatment?	
lssue ☐Bipolar (ma ☐Post-traumatio	Depression Anxiety ADHD/ADD anic/depressive) c stress disorder Schizophrenia	- -			Treatment?	
Issue	Depression Anxiety ADHD/ADD anic/depressive) c stress disorder Schizophrenia Alcohol abuse	- -			Treatment?	
lssue □ Bipolar (ma □ Post-traumatio	Depression Anxiety ADHD/ADD anic/depressive) stress disorder Schizophrenia Alcohol abuse substance abuse	- -			Treatment?	
lssue □ Bipolar (ma □ Post-traumatio	Depression Anxiety ADHD/ADD anic/depressive) c stress disorder Schizophrenia Alcohol abuse	- -			Treatment?	
lssue □ Bipolar (ma □ Post-traumatio	Depression Anxiety ADHD/ADD anic/depressive) stress disorder Schizophrenia Alcohol abuse substance abuse	- -			Treatment?	
Issue	Depression Anxiety ADHD/ADD anic/depressive) c stress disorder Schizophrenia Alcohol abuse substance abuse de/or attempted	Relationship to you			Treatment?	
lssue □ Bipolar (ma □ Post-traumatio	Depression Anxiety ADHD/ADD anic/depressive) c stress disorder Schizophrenia Alcohol abuse substance abuse de/or attempted	Relationship to you			Treatment?	
Bipolar (ma	Depression Anxiety ADHD/ADD anic/depressive) c stress disorder Schizophrenia Alcohol abuse substance abuse de/or attempted Other	Relationship to you List medical concerns:	Diagnosis?			
Issue	Depression Anxiety ADHD/ADD anic/depressive) c stress disorder Schizophrenia Alcohol abuse substance abuse de/or attempted Other	Relationship to you List medical concerns:	Diagnosis?	Phone	Treatment?	

Suicide Attempt or Thoug	hts?	ien	wher	re	got help? ☐Yes ☐No
	, sexual, emotiona				
	, 3cxuai, emotiona				
Diet on a typical day					
Exercise in a typical week					
	cation/ Over the counter m				
Name	Dosage/Frequency	Purpose		Provider's Name	
		<u></u>			
				_	
				-	
Presence of personal or fa	imily medical problems (Che	ck if Yes):			
	Personal History	Current You	Family History	Relationship to you?	Comment
Thyroid Disease					
Anemia					
Liver Disease					
Kidney Disease					
Heart Disease					
Diabetes					
Asthma					
Stomach Intestinal					
Problems					
Cancer					
Epilepsy					
Pain					
High Cholesterol					
High Blood Pressure					
Head trauma					
Alcohol					
Drugs					
Cigarette					
Caffeine					
		I	Ī	1	

Height: Weight:	Weight Range in past 3 years:	to	Ideal Weight:
	Go to bed @ Get up @		
Sleep aides/meds			
Nightmares Yes No Comme	nt		
All Electronics: Ave # of hrs/day _	Favorite kinds		
Friends: Ave # of hrs/week	Favorite things you like to do with them		
Hobbies you've done in the past ye	ear:		
More details about what brought	you in to see me today:		
What are you most hoping to a	accomplish by coming to see me?		
Other Questions or Comments	?		
Client Signature		Date	<u> </u>

Notice of Privacy Practices and Professional Disclosure Statement Receipt and Acknowledgment of Notice

Client Nam	e:	
Alexander	cknowledge that I have received and have been , PMHNP's Notice of Privacy Practices and Profe questions regarding the Notice or my privacy rig	ssional Disclosure Statement. I understand that if I
Signature	of Client	Date
If this ack	nowledgment is signed by a personal represe	ntative on behalf of the client, complete the
Personal F	Representative's Name:	Relationship to
Client:		
-	For Office Us	e Only
-	ed to obtain written acknowledgement of receip dgement could not be obtained because:	t of our Notice of Privacy Practices, but
	Individual refused to sign	
	Communications barriers prohibited obtain	ing the acknowledgement
	An emergency situation prevented us from	obtaining acknowledgement
	Other (Please Specify)	

This form will be retained in your medical record

POLICY STATEMENT

Confidentiality

Communication between client and provider/therapist is confidential, even if the client is a minor, and may be shared only for the purpose of consultation without the client or parent/guardian present. You will be informed in the event that any information is released without your express consent. Information may be released without written permission only: 1) if a court order is received, 2) when there is reasonable cause to believe that child/elder abuse or neglect has occurred, 3) when there is reasonable cause to believe that there is clear and imminent danger to self and/or others, 4) when a medical emergency exists, and 5) when required for insurance billing. A release of information must be signed before any information can be provided to or requested from other individuals or agencies.

Client Responsibilities

- Become actively involved in the treatment goals and share periodic reviews with your provider to
 assure each other of productivity and that we are working toward desired outcomes. If the client
 is a minor, the parent(s)/guardian(s) of the child agree to actively participate in the healing of the
 family by establishing family treatment goals
- Assume control of all payments to the provider at the time of the appointment
- Notify the provider no less than 48 hours in advance of any cancellations.
- Failure to comply with the cancellation policy will result in a missed appointment fee.
 Insurance companies do not typically reimburse patients for these costs and the client will be directly held responsible for these costs.

Telephone Messages and Emergency Coverage

You may reach me or leave a voiceN mail for me at 503N 523-9629. I work part time and only return calls on days I am in my office. If I am away for an extended time period, the message will direct you as to who is providing coverage for my patients. In the event of an emergency, call 911 or go to the nearest emergency department. I do not carry a 24N hour pager.

In the event of a crisis, you may contact:

- Emergency (police, fire, ambulance) 911
- Multnomah County Crisis Line 503-988-4888 or 1-800-716-9769
- Washington County Crisis Line 503-291-9111
- Clackamas County Crisis Line 503-655-8401
- Clark County Crisis Line 360-696-9560
- Portland Women's Crisis Line (domestic violence) 503-235-5533
- Rape Crisis Center 503-640-5311
- Poison Control 503-494-8968 or 800-452-7165
- Oregon Council on Alcoholism and Drug Abuse Hotline 800-923-4357
- Cascadia 24-hour Urgent Walk-In Clinic (Located at 2415 SE 43rd Ave near Division)

Prescription Refills

Refills of medication usually are written at the time of your scheduled appointment.

(503) 523-9629

- Prescription refills are not emergencies, and must therefore be handled during regular business hours- Mon-Friday, 9 am-5 pm.
- Please contact your pharmacy and have them fax me a refill request at 503 992-6625 allowing 72 hours for refills to be completed on business days.

Payment Agreement

- 1. It is your responsibility to know if your insurance covers my services. Charges not covered by your insurance are your responsibility. It is also your responsibility to notify me of any changes in insurance coverage.
- 2. It is customary to pay for professional services when rendered. Payments must be made or services may be discontinued.
- 3. If you have a balance on your account, you will receive a statement. All accounts are due and payable within thirty days of notification. If payment is not received within 60 days, a late fee will be applied. If a client fails to be responsible for the account, and it is necessary to place a delinquent account into the hands of a collection agency/attorney, the client agrees to pay all court costs affixed by the court.
- 4. If you have a question regarding the payment of fees, please discuss this with me.
- 5. If you late cancel (cancel with less than 48 hour notice) or miss an appointment, you will be charged the total appointment fee. Insurance companies typically do not pay these fees and it will be your responsibility to pay these costs. Additionally, insurance companies do not typically pay charges for phone sessions or written documentation. You will be asked to pay for these charges directly.
- 6. All checks are to be made out to Maggie Alexander, NP.
- 7. There is a \$35 service charge for NSF/Returned checks.

Length of Treatment

Individual therapy typically involves regularly scheduled weekly or bi-weekly sessions.

Medication management sessions are more frequent in the beginning, or after any changes are made, and then typically occur monthly or bi-monthly. Duration of treatment varies depending on the nature of the treatment and individual client needs. When medications are used in psychiatry, please be advised that they are frequently used "off-label" meaning that they are used to control symptoms other than what the FDA originally approved the medication to treat. This is especially true in children. Patients must be seen at minimum every 90 days to be considered active patients with Maggie Alexander, PMHNP. Should you not schedule an appointment for a period of 90 days and make no arrangement in writing with this provider for said time, you will no longer be considered an active client of Maggie Alexander, PMHNP and therefore have terminated treatment. Also, if you "no show"/ "late cancel" for two consecutive appointments or "no show"/ "late cancel" for one appointment and do not reschedule within thirty days, you will be considered to have terminated treatment with Maggie Alexander, PMHNP.

Grievance Procedure

I encourage you to discuss your complaint with me directly to resolve the problem/issue. You may also contact your insurance company. Additionally, I am licensed through the Oregon State Board of Nursing. It also has a process for hearing complaints. You may contact the Oregon State Board of Nursing at: 17938 SW Upper Boones Ferry Road, Portland, OR 97224-7012, or at (971) 673-0685.

Maggie Alexander, PMHNP (503) 523-9629

provision.

Client Endorsement	
After reading these, policies please sign below.	By signing you express that you understand these policies
You can request a signed copy for your records.	I have read this policy statement and understand its

PRINTED CLIENT*:
SIGNED:
DATE:
*IF CLIENT 14 years or older, must be signed by client
PRINTED NAME of PARENT / GUARDIAN:
SIGNED:
DATE:

INFORMED CONSENT FOR EVALUATION AND TREATMENT

- 1. You have the RIGHT TO BE INFORMED REGARDING The terms UNDER WHICH TREATMENT OR EVALUATION WILL BE PROVIDED. Policies related to charged; billing third party payers, appointments, emergencies, and coverage for when your provider is unavailable, and other matters will be explained or provided to you. It is your responsibility as a client to stay informed.
- 2. You have the RIGHT TO CHOOSE THE BEST TREATMENT AND PROVIDER. There are a variety of professionals offering counseling, psychotherapy, psychiatric evaluation. There are also a number of different approaches to working with human issues. It is your right and responsibility to choose the treatment and provider that best matches your needs. You also have a right to a detailed explanation or any treatment or procedure your provider may choose to use including the risks involved and the side effects if any. If you believe you are not receiving the treatment you require, then raise this concern with your provider and she will work with you to revise your treatment plan or to refer you to other professionals who may be able to meet your needs.
- 3. You have the RIGHT TO KNOW THE QUALIFICATIONS AND TRAINING of your provider. You may request a provider information sheet from your provider. If you have concerns, complaints, or believe a breach of professional conduct has occurred, you may contact the provider directly. If the difficulty is not resolved, you have the right to make a formal complaint to the Oregon State Board of Nursing.
- 4. You have the RIGHT TO REFUSE TREATMENT OR TO STOP TREATMENT at any time and for any reason. In the case where a minor is the patient/client, then parent(s) or legal guardian has the right to refuse or stop treatment for the minor. You also have the right to refuse or stop evaluations. Your provider also has the right to refuse or terminate treatment, in which case you will be provided with alternatives. If you have concerns regarding your treatment or wish to discontinue, you are encouraged to discuss this with your provider.
- 5. You have the RIGHT TO CONFIDENTIALITY. This means that what you tell your provider and what is contained in your clinical file will not be repeated or released by the provider to anyone else without your expressed permission (i.e. by a signed release of information). You have the right to see and have access to the contents of your file. You have the right to discuss your own therapy or evaluation with anyone you choose, including another provider.
- 6. For minors 14-17 years old, psychiatric mental health nurse practitioners may provide treatment to a fourteen year-old without consent of his/her parent. Oregon law requires your provider to have your parents involved in treatment before the end of treatment unless there are clear clinical indications to the contrary, which must be documented in your clinical chart. Maggie Alexander, PMHNP does not need to involve your parents in treatment if you have been sexually abused by your parent or if you are emancipated. It is the policy of Maggie Alexander, PMHNP to notify the parents on or before the third session. By signing this informed consent document you:

- a. Authorize Maggie Alexander, PMHNP to contact your parents and to give them a summary of your treatment.
- b. Authorize your provider to use her best clinical judgment on when to inform you parents of important issues related to your treatment.
- c. Authorize Maggie Alexander, PMHNP to release your treatment records to your parents upon their request. It is the policy of Maggie Alexander, PMHNP to require both you and your parents to sign any release of information to anyone other than your parents.

There are, however, some limits and exceptions to complete confidentiality:

- a. CHILD OR ELDER ABUSE: Generally, providers are required by law to report any known or suspected cases of child or elder abuse to the Children's Services Division or other appropriate state agency.
- b. VIOLENCE: If a provider learns that someone is about to kill or to do harm to someone else, she will do her best to warn the intended victim.
- c. SUICIDE: If a provider earns that a client intends to harm her/himself, the provider will breach confidentiality to the extent necessary for the client's protection.
- d. NON-CUSTODIAL PARENTS: By law, non-custodial parents can gain access to their children's records pertaining to treatment or evaluation.
- e. SUPERVISION: Your provider may present your case in clinical staffing and also periodically review and discuss your treatment.

CONSULTATION: Occasionally, it is in your best interest for your provider to consult other providers regarding your treatment (e.g. medication issues, family issues, obtaining another's expert opinion, covering emergency phone calls, etc.). This will be carried out with the utmost consideration for your privacy. INSURANCE: Insurance companies or their designated management company may require information about your diagnosis, treatment history, prognosis, treatment, or other relevant information in order to authorize services or process claims. A release of information will be obtained for this if you are utilizing an insurance company.

I have read and understand my rights and responsibilities as outlined in Maggie Alexander, PMHNP informed consent for evaluation and treatment form. Furthermore, by signing this form, I consent to receive mental health services to be provided by Maggie Alexander, PMHNP.

PRINTED NAME:	DATE:
SIGNED*:	*If client 14 years or older must be signed by client.
PRINTED NAME of PARENT / GUARDIAN:	
RELATIONSHIP TO CLIENT:	
SIGNED:	DATE:

3095 SW 118th Ave Beaverton, OR 97005

phone 503N 523-9629 fax 503-992-6625

Maggie Alexander, PMHNP, LLC

Psychiatric Mental Health Nurse Practitioner

Authorization to Use and Disclose Protected Health Information (PHI) to Insurance

Client Name		DOB/_	/	
Street Address:				
City, State, Zip Code:				
Telephone Number:	Social	Security Numbe	r:	
I, the undersigned, hereby authorize Maggie Alexander, Fhereby authorize Maggie Alexander, PMHNP and its bill				ives. I, the undersigned
Insurance Company:	Subscriber:			
ID Number:	Group/Policy #:			
Secondary Insurance : No Yes:				
Insurance Company:	Subscriber:			
ID Number :	Subscriber: Group/Policy #:			
I, the undersigned, certify that I have Neither N				
Purpose of Disclosure (please initial):				
Authorize to bill insurance named above and coordi	nation of billing issu	es between Mag	gie Alexande	r PMHNP
its billing representatives				
Information to be released is (please initial):				
Diagnosis	Psychother	apy Notes		
Psychosocial History	Chemical D	ependency		
Treatment plan or summary		OS information		
Psychological Evaluation/Reports	Other			
Required Statements:				
I understand that the information used or disclosed pursuant to this auth Federal law. However, I also understand that federal or state law may reand drug/alcohol diagnosis, treatment, or referral information.				
I may refuse to sign this authorization. My refusal will not affect my ability solely for the purpose of providing health information to someone else a understand that Maggie Alexander, PMHNP, will not be able to bill my in mental health treatment at Maggie Alexander, PMHNP.	nd the authorization is ne	eded to make the d	isclosure. If I do	not sign this authorization, I
I may revoke this authorization in writing at any time. If I do so, the inf written authorization. Any use or disclosure already made cannot be arrangement described above as Maggie Alexander, PMHNP, will not be	e undone. If I revoke th			
This written authorization is subject to revocation by the undersigned at revoked, or by other agreement specified below, this authorization shall				
I have read this authorization and understand it.				
Signature of Client		Date		
Subscriber Signature Rei *If patient is 14 years or older form must be signed by pat	lationship to Client	Date		B of Client
patient is 14 years or older form must be signed by pat				
Subscriber SSN if subscriber is a minor:				

Maggie Alexander, PMHNP, LLC

Psychiatric Mental Health Nurse Practitioner

3095 SW 118th Ave Beaverton, OR 97005 Telephone: 503 523-9629 9766 Fax: 503 992-6625

6625 CONSENT FOR RELEASE OF CONFIDENTIAL INFORMATION TO THE PRIMARY CARE

ı. PROVIDER	_, hereby authorize Maggie Alexander, PMHNP to	receive information from and/or
	v. This release pertains to the following types of i	
	iding information relating to my mental health dia	
diagnosis and treatment to my primary care pro		
Clinician Address (Street City and 7in):		
Clinician Phone Number and for Eav Number:		
	care and treatment the client received during:	
	care and treatment the chefit received during.	
☐ All dates of service or		
	and	-
This information may be used for the followin		
	or □ Ongoing coordination of treatment and/o	or
□ Other:		
The information to be released is:		
= -	$gicalEvaluations/Reports \square MedicalEvaluations$	
	l Dependency Information ☐ Other:	
	by the undersigned at any time, except to the e	
	ed, or by other agreement specified below, this	
One year from date signed or $\hfill\Box$ Upon terminati	on of treatment or Other:	
Signature of client, parent, or legal guardi	an Dat	e signed
Witness	Dat	te signed
FOR Maggie Alexander, PMHNP TO COMPL	ETE:	
Primary Care Provider:		
The accompany of their latter is to posify one of their		(DOD:
	our patient	
	ieve it is important to coordinate mental health m	
care, which you are providing. I will contact you	as needed to discuss any concerns or questions the	nat I have regarding our client's
mental health issues. Please send any information	tion that you deem important to the mental he	alth services being provided or
call. Thank you. DSM-V Diagnosis:		
Axis I:		
Axis II:		
Known Current Psychotropic Medications:	one	
·		
Medical Condition/s:		
Treatment (Therapy) Modalities: ☐ Individual	□ Family □ Couples □ Group □ Other:	
Estimated Length of Treatment: 3 months	☐ 6 months ☐ 9 months ☐ Other:	
Please help monitor these risks: None	☐ Suicidal Ideation ☐ Homicidal Ideation	□ Poor self-care
Coordination of Care Issues:		
Maggie Alexander PMHNP		Date

Maggie Alexander, PMHNP, LLC Psychiatric Mental Health Nurse Practitioner

3095 SW 118th Ave Beaverton, OR 97005 • Telephone: 503 523 -9629 • Fax 503 992- 6625

AUTHORIZATION TO USE AND DISCLOSE PROTECTED HEALTH INFORMATION

Street Address: City, State, Zip Code: Telephone Number:	
Telephone Number:	
l authorize Maggie Alexander, PMHNP, LLC	
Check appropriate spaces and initial and give complete name and address:	
To give health records to: Name:	
To receive health recordsfrom: Street Address:	
To verbally exchange health information with: City, State, and Zip Code:	
Telephone:	
Fax Number:	
For the purpose of continuing care or:	
All information in chart	
Specific information to be released:	<i>,</i>
if such information exists:	
Mental health related informationHIV/AIDS related record	
Drug/alcohol diagnosis, treatment or referral informationGenetic testing information	ation
As indicated below, the authorization for release extends to the care and treatment the client reco	eived during:
All dates of service Service between	and
Required Statements:	
This authorization will expire in one (1) year or upon (insert date or event)	
I may revoke this authorization in writing by presenting my written revocation to Maggie Alexand	er, PMHNP, LLC.
The revocation will not apply to information that has already been released in response to this autisign this authorization. My refusal will not affect my ability to obtain treatment or payment or my inspect or copy any information used and/or disclosed under this authorization. Maggie Alexander responsible for the cost of copies.	eligibility for benefits. I ma
I understand that if the person or entity that receives the information is not a health care provide	r or health plan covered by
federal privacy regulations, the information may be re-disclosed and no longer protected by these	e regulations. However, the
recipient may be prohibited from disclosing information under federal or state law.	
Signature of Client*Date	
Signature of Personal RepresentativeDate	
Relationship to Client	

^{*}If patient is 14 years or older form must be signed by patient

Maggie Alexander, PMHNP-BC

3095 SW 118th Ave Beaverton, OR 97005 p. 503 523-9629 f. 503 992- 6625

CREDIT CARD AUTHORIZATION FORM

Please complete the following information. This form will be securely stored in your clinical file and may be updated upon request at any time. on behalf of authorize Maggie Alexander, PMHNP to charge my credit card for professional services rendered to myself or my child as follows: Please Initial Where Appropriate: Recurring charges for services in the amount of \$ ____Per Visit Per month on the _____ day of each month per our signed payment arrangement plan _____ I understand and agree that my card will be charged the full fee of the scheduled appointment for cancellations with less than 48 hours' notice and for appointments I miss without notice as agreed to in the office policies I signed. _____ I understand and agree that my card will be charged for balances of charges not paid by me or my insurance as outlined in the office policies I signed (all visits, phone calls, letters, emails, and consults). I understand this form is valid until I cancel the authorization in writing. I will not dispute charges ("charge back") for sessions I have received or appointments I missed according to the above policy. I further understand that I am responsible for updating my credit card information in the event that it should change, and that I am responsible for any fees incurred for a declined credit card transaction. I understand and agree that my card may be charged without me being present and that a receipt of payment will be sent to me within 48 hours of charges being placed on my card. Charges will appear on your credit card statement as Maggie Alexander, NP Card #: _____ Expiration Date: Name as Printed on Card: _____ Verification/Security Code (the 3 digit code on back of card by signature line): Billing Address: ______ City______ State _____ Zip _____ EmailAddress:_____

Date

Printed Name