Interim Clinical History

Stressors

Given the list of categories below, how much stress is each one causing you?

	None	Mild	Moderate	Severe
Family	☐	☐	☐	☐
Friends	☐	☐	☐	☐
Relationships	☐	☐	☐	☐
Educational	☐	☐	☐	☐
Economic	☐	☐	☐	☐
Occupational	☐	☐	☐	☐
Housing	☐	☐	☐	☐
Legal	☐	☐	☐	☐
Health	☐	☐	☐	☐

Side Effects

Please list any side effects you are noticing with your medications, and note whether they are mild, moderate, or severe:

Review of Systems:

Please note any physical symptoms you have experienced in the last several days:

Constitutional	Eyes	Ears, Nose, Mouth, and Throat
☐ Chronic pain	☐ Eye pain	☐ Earache
☐ Loss of appetite	☐ Eye discharge	☐ Tinnitus (Ringing in ears)
☐ Increase in appetite	☐ Eye redness	☐ Decreased hearing or hearing loss
☐ Unexplained weight loss	☐ Blurred or double vision	☐ Frequent ear infections
☐ Weight gain	☐ Visual change	☐ Frequent nose bleeds
☐ Fatigue/Lethargy	☐ History of eye surgery	☐ Sinus congestion
☐ Unexplained fever	☐ Sensitivity to light	☐ Runny nose/Post-nasal drip
☐ Hot or Cold spells	☐ Scotomas (Blind spots)	☐ Difficulty swallowing
☐ Night sweats	☐ Retinal hemorrhage (Floaters in vision)	☐ Frequent sore throat
☐ Sleeping pattern disruption	☐ Amaurosis fugax (Feeling like a curtain is pulled over vision)	☐ Prolonged hoarseness
☐ Malaise (Flu-like or Vague sick feeling)		☐ Pain in jaw or tooth
		☐ Dry mouth
Other:	Other:	Other:

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Cardiovascular	Respiratory	Musculoskeletal
☐ Chest pain	☐ Pain with breathing	☐ Swelling in joints
☐ Pacemaker	☐ Chronic cough	☐ Redness of joints
☐ Palpitations (fast or irregular heartbeat)	☐ Chronic shortness of breath	☐ Other joint pains or stiffness
☐ Swollen feet or hands	☐ Chronic wheezing/Asthma	☐ Muscle pain or cramping
☐ Fainting spells	☐ Excessive phlegm	☐ Muscle weakness
	☐ Coughing blood	☐ Muscle stiffness
☐ Shortness of breath with exercise	☐ Nocturnal Dyspnea (Shortness of breath at night)	☐ Decreased range of motion
		☐ Back pain or stiffness
		☐ History of fractures
		☐ Past injury to spine or joints
Other:	Other:	Other:

Gastrointestinal		
☐ Excessive flatulence or belching	☐ Heartburn	☐ Change in appearance of stool
☐ Diarrhea	☐ Difficulty swallowing solids or liquids	☐ Blood in stool
☐ Constipation	☐ Recent loss in appetite	☐ Dark/Tarry stool
☐ Persistent nausea/vomiting	☐ Sensitivity to milk products	☐ Loss of bowel control
☐ Abdominal Pain	☐ Jaundice (yellow skin)	
Other:		

Allergic/Immunologic	Endocrine	Hematologic/Lymphatic
☐ Frequent infections	☐ Severe menopausal symptoms	☐ Blood clots
☐ Hives	☐ Cold or heat intolerance	☐ Easy bleeding after surgery or dental work
☐ Anaphylaxic reaction	☐ Excessive appetite	☐ History of blood transfusion
	☐ Excessive thirst or urination	☐ Excessive bruising or bleeding
	☐ Excessive sweating	☐ Swollen glands (neck, armpits, groin)
Other:	Other:	Other:

Genitourinary (General)	Genitourinary (Women)	Genitourinary (Men)
☐ Loss of urine control	☐ Unusual vaginal discharge	☐ Slow urine stream
☐ Painful/Burning urination	☐ Vaginal pain, bleeding, soreness, or dryness	☐ Scrotal pain
☐ Blood in urine	☐ Genital sores	☐ Lump or mass in the testicles
☐ Increased frequency of urination	☐ Heavy or irregular periods	☐ Abnormal penis discharge
☐ Up more than twice/night to urinate	☐ No menses (Periods stopped)	☐ Trouble getting/maintaining erections
☐ Urine retention	☐ Currently pregnant	☐ Inability to ejaculate/orgasm
☐ Frequent urine infections	☐ Sterility/Infertility	☐ Any other sexual or sex organ concerns
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Other:	Other:	Other:

Neurological	Integumentary (Skin/Breast and Hair)	Psychiatric
☐ Paralysis	☐ Lesions	☐ In-depth review of psychiatric system appears earlier in document
☐ Fainting spells or blackouts	☐ Unusual mole	☐ Feeling depressed
☐ Dizziness/Vertigo	☐ Easy bruising	☐ Difficulty concentrating
☐ Drowsiness	☐ Increased perspiration	☐ Phobias/Unexplained fears
☐ Slurred speech	☐ Rashes	☐ No pleasure from life anymore
☐ Speech problems (other)	☐ Chronic dry skin	☐ Anxiety
☐ Short term memory trouble	☐ Itchy skin or scalp	☐ Insomnia
☐ Memory difficulties (loss)	☐ Hair or nail changes	☐ Excessive moodiness
☐ Frequent headaches	☐ Hair loss	☐ Stress
☐ Muscle weakness	☐ Breast tenderness	☐ Disturbing thoughts
☐ Numbness/Tingling sensations	☐ Breast discharge	☐ Manic episodes
☐ Neuropathy (numbness in feet)	☐ Breast lump or mass	☐ Confusion
☐ Tremor in hands/shaking		☐ Memory loss
☐ Muscle spasms or tremors		
Other:	Other:	Other: